

## FEMALE COACHES NETWORK WEBINAR

Oceania Wednesday 21<sup>st</sup> June 2023







## Agenda



1. ITF Advantage All – Introduction and ITF Objectives and Initiatives

2. Female Coaches Network – KPIs and 2023 Plans

3. Landscape of females coaches in Oceania based on KPIs.

4. National Associations Case Studies and Best Practices

5. Roundtable: Questions and Conclusion





## ITF Advantage All - introduction to the goals and initiatives by Heather Bowler – ITF Executive Communication and Presidential Director







## 2. Plans and KPI's 2023 of the Female Coaches Network

The Female Coaches Network is ITF Education programme that is part of the ITF Advantage All Strategy for Gender Equality in Tennis.

After reviewing our goals and achievements through the end of 2022, we agreed on the following actions for 2023



## 2022 Results and 2023 Goals

#### IN 2022

ITF funded courses: participation of women was the following:

Play Tennis Courses: 30% CBI Level 1 Courses: 27% CAP Level 2 Courses: 28% CHP Level 3 Courses: 11% Other Courses: 23%

#### **GOALS FOR THE END OF 2023**

The KPI is to have at least **30% female** coaches participating in each ITF funded course.

ITF funded Junior team competitions: % of female captains was:

U12 Regional Team Competitions: 29% U14 Regional Team Competitions: 21% U16 Regional Team Competitions: 17%

The KPI is that at least **30% of the captains** at the ITF Junior or Regional team competitions, funded by ITF, are certified female coaches.



## 2022 Results and 2023 Goals



#### **2019 ITF WCC:**

14% female participants

30% female speakers

#### **IN 2022: Coaches scholarships**

Level 2 CAP Pro OS course in Valencia - (4) female coaches participated.

Three (3) female coaches participated in the WISH Leadership Program

#### **GOALS FOR 2023 ITF WCC:**

**15% - 20%** female participants

**33%** female speakers

#### **2023 Goals:**

Level 2 CAP for PRO course in Valencia - (5) female coaches to participate (June 2023).

Two (2) CHP Level 3 coaches, one from Central America and one from the Pacific, will participate in the WISH Leadership Program.

#### 2023 Goal:

Launch 'Coaching female players: specialization course' in the ITF Academy



### **HOW TO ACHIEVE THE GOALS**



#### **ACTION #1: ITF Supported Courses**

Deliberately invite a % of female coaches to the ITF Supported courses.

In the 2022 ITF RCC's, the % of female coaches was 15.

Aim at having 30% of female coaches at the ITF supported courses.

For a 12 students' course, 4 female coaches, and for a 24-student course, 8 female coaches.

#### **ACTION #2: Junior Team Competitions: Captains**

DO's work closely with the Presidents and/or Technical Directors of the NA's to try to find a certified female coach to captain one of their U12 Teams, one of their U14 Teams, and one of their U16 Teams.



## **HOW WILL WE ACHIEVE THE GOALS IN 2023**



#### **ACTION #3 – ITF WORLD COACHES CONFERENCE**

With the aim of having a participation of female coaches of 15% or more, through the Regional Webinars of the Female Coaches Network we will promote participation in each region of the world.

Through ITF Advantage All funds, each region will have access to two scholarships for certified and active female coaches in the region, which will cover accommodation, meals and conference.

#### **ACTION #4 - ITF WORLD COACHES CONFERENCE**

With the aim of having a participation of more than 30% of female speakers in the ITF World Coaches Conference, ITF Advantage All will contribute with the payment of flights and accommodation to at least 3 experts.





## 3. How we have progressed in the area of coaches in our region.









## Coaching Courses 2022 & 2023





CBI Cambodia - 2022



Play Tennis Workshop (SI) - 2023



Play Tennis Course (FIJ) - 2022



Play Tennis Course (PNG) - 2022



Play Tennis Course (CI) - 2023





### 4. National Associations Case Studies and Best Practices

What can National Federation do to encourage more active tennis coaches and for them to develop professionally?

#### **Examples from our region**













### **Tennis Australia**

Nicole Pratt

TA Women's coach lead and National teams coach



## **Our Vision**

No limits for women and girls on and off the court.





Lead

Drive
accountability



Create an equal voice



Play
Enrich playing
experiences

### Lead

#### **Drive Accountability**

#### Through:

- Ensuring equitable investment across tennis
- · Applying a gender lens to funding strategies, policies and agreements in tennis and with partners
- Publicly reporting progress in Australian tennis annually
- Engaging and inspiring the tennis community to embrace change
- · Providing leadership to achieve equality in sport globally.

#### **Targets:**



Gender pay gap



of budget invested in women and girls on and off the court



of prize money awarded to women and girls



Member Associations with a nationally aligned Women and Girls plan

## Influence

#### **Create an equal voice**

#### Through:

- · Strengthening career and volunteer pathways and opportunities on and off the court
- · Creating sustainable networks to influence and advance women
- · Inspiring and developing women to be a public voice for tennis from grass roots to the world stage
- Ensuring equal and appropriate representation of women in the media
- Advancing governance structures to ensure equal representation of women at all levels and roles.

#### **Targets:**



of coaches to be women



of leadership roles to be filled by women



of officials to be women

## **Play**

#### **Enrich Playing Experiences**

#### Through:

- Ensuring safe, inclusive and welcoming environments that value and empower women and girls
- Applying a gender lens to enrich the playing experience across life stages
- Empowering women and girls to excel and thrive in tennis.

#### **Targets:**



of tennis players to be women and girls



elite women athletes

We believe that playing makes life better.

## Challenge – Ho to increase # Women in Coaching

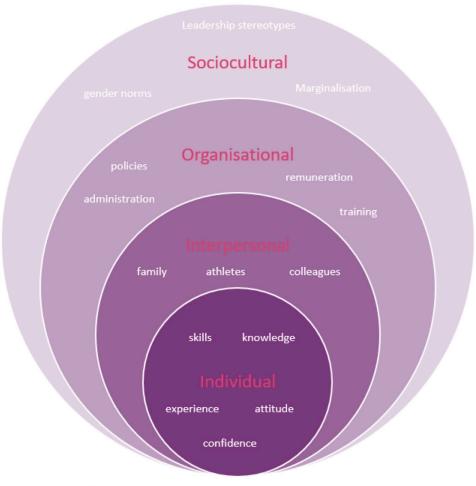


Figure 1. Ecological systems theory

## **Research Findings**



01 GENDERED PROFESSION

- Male-dominated profession
- Gendered appointments
- Lack of respect

02 JOB REQUIREMENTS

- Unfavourable hours
- Work-life conflict
- Burnout

03 STABILITY

- Financial Security
- Viable long-term career



04 SOCIETAL BARRIERS

- Stereotypes
- Gender norms

05 CAREER ADVANCEMENT

- Development opportunities
- Experience

06 LACK OF SUPPORT

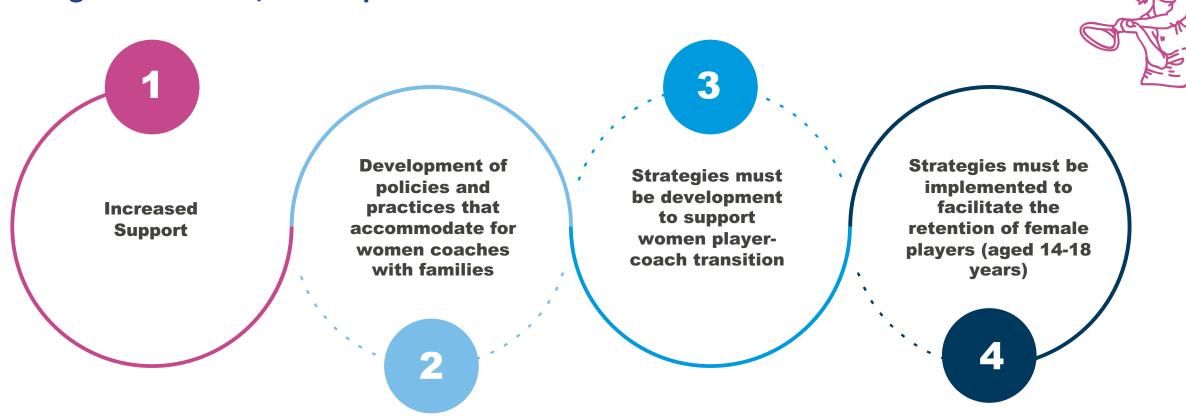
- Mentoring
- Networking



## Research Findings



Strategies to Attract, develop & Retain women coaches





#### WHAT WE DO

#### The objectives of Coach Connect are:

- To strengthen career pathways and opportunities for women coaches
- To create sustainable networks to influence and advance women
- · To build the knowledge, skills and confidence of women coaches
- · To retain women coaches.

#### WHO CAN JOIN

• Tennis Australia women coach members

#### **PROGRAM OVERVIEW**

#### **Coach Connect Mentoring**

The Coach Connect Mentoring program was launched in May 2021 on the digital platform Mentorloop. The objective of the program is to develop and retain current woman coaches by enabling a social environment for women coaches to come together, meet like-minded professionals and share their experiences and challenges with one another. There are currently 72 coaches enrolled in the Coach Connect Mentoring program.

#### **Coach Connect Virtual Series**

The Connect Virtual Series is a series of online professional development opportunities available exclusively to women coaches to connect, learn and feel supported. Since 1 July, 2021 six Coach Connect virtual series sessions have been delivered to 141 women coaches. Each session is recorded and available on Bounce for coaches unable to attend. The program will continue monthly into 2022.

#### Topics covered to date include:

- July: Leveraging your character strengths
- August: Stretching your comfort zone
- · September: Developing Your Personal Brand
- October: Coaching conversations with key stakeholders
- · November: Curious, Confident, Communication?
- December: Celebrating Success - sharing of mentee/mentor experiences

#### **Coach Connect Networking**

Coach Connect Networking events provide an opportunity for women coaches to come together to connect and network. Guest speakers or specific topics are discussed during these events.

#### **Coaching Workshops**

Similar to virtual series events, workshops are in person and take a deep dive into specific areas of learning. Hands on, fun and social, our workshops are consider the hallmark events of the year with Coach Connect.

#### **PROGRAM OUTCOMES**

#### Individual

- Growth in confidence and competence
- Women see themselves as leaders
- Increased awareness of career pathways
- Coaching and mentoring from existing leading coaches

- Women coaches have an equal voice and influence in Community Clubs
- Increase in % of women coaches
- More women role models in coaching.

#### Social

- Welcoming, safe and inclusive clubs
- Reduced barriers for women and girls on and off the court
- Increased engagement & participation in tennis
- Enhanced friendships, social and career network
- More women role models can drive improved respect for women and girls from men and boys
- Gender equality

Reach out to your Women and Girls Lead/Coordinator or Coach Development Manager/Coordinator. Being a member of the Coach Connect network is free. Energise your coaching experience today and sign up.







and Girls Coaching strategic priority is to create equal voice on what you're looking to get out of mentoring, which will and influence for Women and Girls in Tennis. Together we can help us match you with the right people to support and

Swing into action today and take advantage of the many development and support opportunities being offered through

#### MORE INFORMATION

If you have any questions, please contact Nicole Pratt







**MENTORING** 



WORKSHOPS



**VIRTUAL SERIES** 



**NETWORKING** 



#### COACH CONNECT **WORKSHOP EVENT**

We invite all women coaches to join us to share ideas on court. enjoy morning tea, with a specific focus on your professional development.

**Hosted by: Kathy Fahim -Coach Development Manager** (NSW/ACT), Tennis Australia) Oksana Ipanov - Head Coach, **Snape Park** 

#### When

**Wednesday 6 April** 10am - 12pm

#### Where

**Snape Park, Maroubra** 

#### **How to Register**

Please register using the link below: https://bit.ly/3uAar1E

Please note this is a free event for women coaches. All welcome.









## Influence

Influence coaching businesses to increase diversity of the workforce Support coaching businesses to assist women coaches







## **Tennis Fiji**

Lala Debalevu and Lusi Vakere Tennis Fiji Board Members, Coaches and National Tutors | Tennis Fiji





## COMMUNITY COACHING PROGRAM TENNIS FIJI

### COACHING – SEREIMA LALAVANUA (LALA)

- BEGINNINGS OF COACHING
- OPPORTUNITIES AWARDED FOR COACHING ADVANCEMENT – LEVEL 1 (CAMBODIA)
- GIVING BACK TO THE COMMUNITY





## IMPARTING COACHING KNOWLEDGE TO COACHES

**COACH RUBY COFFIN** 

INSTRUCTION

MENTORSHIP

DELIVERANCE



## **ADMINISTRATION**



LUSIANA VAKERE (LUCY)

- COMPILING & COLLECTING DELIVERABLES FOR PROGRAMS
- LOGISTICS OF PROGRAMS
- PREPARING HARD/ SOFT COPIES OF DELIVERABLES
- MEDIA (PHOTOS/VIDEOS) DURING PROGRAMS
- OPPORTUNITIES PLAY AND STAY COURSE UNDER GARY PURCELL
- OPPORTUNITIES MELBOURNE TRIP
- JOB OPPORTUNITIES OTF ADMINISTRATION



## COMMUNITY DELIVERANCE



- COMMUNITY INVOLVEMENT
- PLANNING
- DELIVERANCE IMPLEMENTATION AND COMPLETION
- COLLECTION OF DATA, REPORTING
- MEDIA COVERAGE FACEBOOK / INSTAGRAM
- FOLLOW UP AND INVOLVEMENT POJC/ ITF TOURNAMENTS (Red court coaching, coin toss etc.)





## COMMUNITY COACHING FIRST PROGRAM IMAGES













### **Guam National Tennis federation**

Michelle Pang
GNTF Board Member, Academy Owner and
Billie Jean King Cup Captain | GNTF





## Michelle Pang Guam • June 2023











## Women in Tennis on Guam















## **Guaiya Todu**





2016 • 12 • 100







# Operations Funding Class Structure Opportunities











## **Guam National Tennis Federation**



5 of 11 More women based leagues

Beginner leagueWomens league

Mixed league

National Center

11 adult courts

4 junior/pickleball courts





### 5. Questions and Conclusions

Implement actions to increase the number of female coaches in your country and encourage their professional development.





## Thank you.